Get a Balanced Life Month
If you’re like most of us, you’re feeling stressed right now. Try to relax, help is on the way. This video offers some tips on finding the work-life balance we all need.
#GetABalancedLifeMonth #stress #worklifebalance
https://search.alexanderstreet.com/view/work/bibliographic_entity%7Cvideo_work%7C2678143

Hobby Month
Have some free time? Maybe you could use a hobby. And, no, watching TV is not a hobby. This video shows how anyone can explore the great outdoors as a nature photographer.
#HobbyDay #photography
https://search.alexanderstreet.com/preview/work/bibliographic_entity%7Cvideo_work%7C3883830

1-Jan  Polar Bear Swim Day
Swimming with polar bears is nothing like that time you swam with dolphins. This video lets you enjoy polar bears in their watery habitat, but from a safe distance.
#PolarBearSwimDay #polarbears
https://search.alexanderstreet.com/preview/work/bibliographic_entity%7Cvideo_work%7C3215280

2-Jan  Science Fiction Day
Sometimes truth is stranger than fiction. Sometimes fiction is stranger than truth. Celebrate the latter on #ScienceFictionDay with this creepy movie classic.
https://search.alexanderstreet.com/view/work/bibliographic_entity%7Cvideo_work%7C3409678

2-Jan  Motivation and Inspiration Day
You work hard every day, but do you feel inspired in your work? It makes a big difference. Here’s the story of how one person gets motivated every day.
#MotivationandInspirationDay
https://search.alexanderstreet.com/preview/work/bibliographic_entity%7Cvideo_work%7C2786139

3-Jan  Festival of Sleep Day
Are you one of those people who brags about not needing much sleep? This video says you’re wrong. Do you have trouble sleeping? Watch to learn more than just counting sheep.
#FestivalofSleepDay #insomnia #sleepcure
https://search.alexanderstreet.com/search?ff%5B0%5D=video_series_facet%3ACHasing%20Sleep&sort_by=real_title_sort&sort_order=ASC

4-Jan  Hypnotism Day
“Follow the watch…you’re getting sleepy.” Movie clichés and magician’s tricks have little to do with real hypnotism. This video shows it has seriously helpful uses.
#HypnotismDay #hypnosis
https://search.alexanderstreet.com/preview/work/bibliographic_entity%7Cvideo_work%7C3837085

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4-Jan  Trivia Day
Don’t let those trivia buffs get to you. It’s about memory, not intelligence. It’s fun if everyone keeps a sense of humor. And humor is what this video is all about. #TriviaDay
https://search.alexanderstreet.com/view/work/bibliographic_entity%7Cvideo_work%7C3163404

5-Jan  Bird Day
You might think birds aren’t very bright. But many of these “bird-brains” have the sense to fly south for the winter. For #BirdDay, watch our traveling feathered friends.
https://search.alexanderstreet.com/preview/work/bibliographic_entity%7Cvideo_work%7C3163728

7-Jan  Harlem Globetrotters Day
They’re known for basketball artistry, ball-handling wizardry and never losing. For #HarlemGlobetrottersDay, here’s one former player’s off-court victories.
https://search.alexanderstreet.com/preview/work/bibliographic_entity%7Cvideo_work%7C2539909

8-Jan  Earth’s Rotation Day
The journey makes your cross-country drive look like a trip around the block. Celebrate #EarthRotationDay with videos that follow Earth’s voyage around the sun.
https://search.alexanderstreet.com/search?ff%5B0%5D=video_series_facet%3AOrbit%3A%20Earth%27s%20Extraordinary%20Journey&sort_by=real_title_sort&sort_order=ASC

9-Jan  Law Enforcement Appreciation Day
They have good days and bad days, but their bad days can be truly horrific. Salute the brave men and women of your police force on #LawEnforcementAppreciationDay
https://search.alexanderstreet.com/search?ff%5B0%5D=video_series_facet%3AIn%20the%20Line%20of%20Duty&sort_by=real_title_sort&sort_order=ASC

10-Jan  Cut Your Energy Costs Day
It knocks down tree branches, blows hot and cold and messes up your hair. But wind has many good uses as well. This video shows how a simple breeze can provide cheaper energy. #CutYourEnergyCostsDay #windpower #cheapenergy
https://search.alexanderstreet.com/preview/work/bibliographic_entity%7Cvideo_work%7C2362531

13-Jan  Public Radio Broadcasting Day
Imagine a time before the internet, if that’s possible. It seems primitive today, but radio was once the primary source of information. Find out how it all got started. #PublicRadioBroadcastingDay #radio #broadcasthistory
https://search.alexanderstreet.com/preview/work/bibliographic_entity%7Cvideo_work%7C1787322

14-Jan  Clean Off Your Desk Day
Looking for something? We know, it was there a moment ago. If only you could keep your desk clean, just think of the time you’d save. This video will help straighten up. #CleanUpYourDeskDay
https://search.alexanderstreet.com/view/work/bibliographic_entity%7Cvideo_work%7C1796822
15-Jan   Hat Day
Hats. They make a fashion statement, keep you dry in the rain and cover up a bad hair day. But sometimes, hats are just embarrassing. Check out this film clip for #HatDay https://search.alexanderstreet.com/preview/work/bibliographic_entity%7Cvideo_work%7C2171613

16-Jan   Religious Freedom Day
Just in case you ever take it for granted, today is #ReligiousFreedomDay. This video series looks at the importance of religious liberty in the settlement and founding of the U.S. https://search.alexanderstreet.com/religion-thought/search?ff%5B0%5D=video_series_facet%3AGod%20in%20America%3A%20How%20Religious%20Liberty%20Shaped%20America&sort_by=real_title_sort&sort_order=ASC

17-Jan   Women’s Healthy Weight Day
This video is about exercise. No, wait, don’t exit this page. It’s not a lecture that might make you feel guilty (or not). This focuses on the lighter side of the subject. #Women’sHealthyWeightDay #exercise https://search.alexanderstreet.com/view/work/bibliographic_entity%7Cvideo_work%7C3186196

18-Jan   World Religion Day
Why do we believe? And, in some cases, why don’t we? Celebrate #WorldReligionDay with this video about the world’s religious beliefs and their importance for billions of people. #religion https://search.alexanderstreet.com/view/work/bibliographic_entity%7Cvideo_work%7C2364020

19-Jan   Popcorn Day
Close your eyes. Can’t you just smell it? Feel that sweet salty crunch? Popcorn reminds us of movies, baseball and more. Munch along with this video about food science. #PopcornDay https://search.alexanderstreet.com/view/work/bibliographic_entity%7Cvideo_work%7C3244704

20-Jan   Penguin Awareness Day
They walk funny and look like they’re wearing tuxedos. And they’re really, really cute. Enjoy #PenguinAwarenessDay will this video about a special group of penguins. #penguins https://search.alexanderstreet.com/view/work/bibliographic_entity%7Cvideo_work%7C3895403

21-Jan   MLK Day
More than fifty years after his death, the legacy of Dr. Martin Luther King is still an inspiration. Watch these videos about the lives of African Americans since MLK’s time. #MLKDay #civilrights #martinlutherking https://search.alexanderstreet.com/avon/search?ff%5B0%5D=video_series_facet%3A%20Black%20America%20Since%20MLK%3A%20And%20Still%20I%20Rise&sort_by=real_title_sort&sort_order=ASC

22-Jan   Celebration of Life Day
As the poet said, “If music be the food of life, play on.” And play on they have at Austin City Limits. Spend part of #CelebrationofLifeDay with this musical festival. #music https://search.alexanderstreet.com/preview/work/bibliographic_entity%7Cvideo_work%7C3895243
23-Jan  Pie Day
It’s high time for pie time! Celebrate #PieDay by learning how to bake one yourself. Get some friends to help and have a big, messy pie party, but watch this video first.
https://search.alexanderstreet.com/view/work/bibliographic_entity%7Cvideo_work%7C2185603

24-Jan  Beer Can Appreciation Day
Some people appreciate beer cans. Others prefer the beer itself. And some like both. The craft beer craze means more beers and more cans. As this video shows, it’s a win-win. #BeerCanAppreciationDay #beer
https://search.alexanderstreet.com/view/work/bibliographic_entity%7Cvideo_work%7C2383756

25-Jan  Fun at Work Day
#FunatWorkDay. It may sound like a contradiction, but it’s easy enough. And it sure makes the day go faster. Bringing the movies to your workplace is one way. Check out these titles from Sony Pictures Classics.
https://search.alexanderstreet.com/search?ff%5b0%5d=publication_facet:sony%20pictures%20classics*Sony%20Pictures%20Classics%7c58168&sort_by=real_title_sort&sort_order=ASC

26-Jan  Australia Day
Explore the Land Down Under on #AustraliaDay. This video tells the story of the people who lived there long before Australia got its name. And they still make it their home. #aborigines
https://search.alexanderstreet.com/preview/work/bibliographic_entity%7Cvideo_work%7C3916073

27-Jan  National Geographic Day
Travel is expensive. Save the airfare on #NationalGeographicDay by choosing one of these fascinating videos that bring the big beautiful world to your computer screen.
https://search.alexanderstreet.com/search?ff%5b0%5d=publication_facet:sony%20pictures%20classics*Sony%20Pictures%20Classics%7c58168&sort_by=real_title_sort&sort_order=ASC

28-Jan  Data Privacy Day
Ensuring your business remains only your business isn’t easy in this age of computer hacking. But there’s one simple way to get some piece of mind. Watch this. #privacy #onlineprivacy
https://search.alexanderstreet.com/preview/work/bibliographic_entity%7Cvideo_work%7C3906535

29-Jan  Puzzle Day
Stop wracking your brain. Sometimes understanding how puzzles are created helps get your mind around the confusion. This video takes you inside the world of Sudoku. #sudoku
https://search.alexanderstreet.com/preview/work/bibliographic_entity%7Cvideo_work%7C2150300

30-Jan  Croissant Day
Fun to eat, but hard to pronounce. Celebrate #CroissantDay with this video of recipes with a French flair. You’ll learn from a master chef and your family will thank you. #Frenchcooking
https://search.alexanderstreet.com/view/work/bibliographic_entity%7Cvideo_work%7C2326007

31-Jan  Inspire Your Heart with Art Day
Every work of art requires an artist’s inspiration. How do they come up with these ideas? What inspires today’s artists? Go inside the heart of the artist in this video. #InspireYourHeartwithArtDay
https://search.alexanderstreet.com/preview/work/bibliographic_entity%7Cvideo_work%7C2800713